

# GUTHEALTH DIGESTION & MICROBIOME SUPPORT

Minding your gut's microbiome is a must, as this delicate balance of bacteria helps support favourable gut flora. Designed to support the benefits of a healthy diet, this powder-based natural health product mixes easily with water so its blend of probiotics and enzymes can work synergistically with your body to help support gastrointestinal health. Its ingredients include prebiotics derived from inulin from Chicory Root and 3 billion CFU of *Bacillus coagulans* probiotics plus enzymes that act as a digestive aid. Ideal for daily use, this natural health product helps support favourable gut flora, while helping to digest proteins and contains ginger which is traditionally used in herbal medicine to help relieve digestive upset. Formulated without artificial colours, flavours or sweeteners; formulated without high-fructose corn syrup, dairy, or soy. **Previously known as Arbonne Essentials Digestion Plus**.

30 stick packs -3 g each, Net wt. 90 g, #2063

NPN: 80094881



## **FEATURES**

- Help support gastrointestinal health
- Helps support favourable gut flora
- Ginger and Chamomile provide a pleasant, soothing taste













#### THE ARBONNE DIFFERENCE

Plant-powered, nutrient-rich products developed in partnership with experts and validated by science to support a holistic approach to healthy living. MIND. BODY. SKIN.™

#### **HOW TO USE**

**Adults:** Add 1 stick pack to 125 ml of any cold or room temperature liquid. Take with first bite of food/meal. For anti-nausea use, take a single dose 30 minutes before travel. Avoid adding to hot liquids as high temperatures can be detrimental to the probiotics in the formula. Do not exceed the recommended daily intake of 1 stick pack per day.

**CAUTION:** Consult a healthcare practitioner prior to use if you: are taking antibiotics, are pregnant or breastfeeding, have diabetes, have a gastrointestinal lesion/ulcer, are taking an anticoagulant/blood thinner or an anti-inflammatory, are having surgery, or have an allergy to latex or fruits (such as avocado, banana, chestnut, passion fruit, fig, melon, mango, kiwi, pineapple, peach, and tomato). If symptoms persist or worsen, consult a healthcare practitioner. Headaches, heartburn, bloating and hypersensitivity (e.g. allergy) have been known to occur; in which case, discontinue use. Stop use if hypersensitivity/allergy, nausea, vomiting or diarrhea occurs. Do not use if outer seal is open or missing or if packet is torn or open. **Keep out of reach of children.** 

## **KEY INGREDIENTS & BENEFITS**

- Prebiotics, Inulin botanically derived from Chicory Root, help feed the probiotics in the gut
- 3 billion CFU of *Bacillus coagulans* probiotics help support gastrointestinal health
- Enzymes that act as a digestive aid



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## **COMPLEMENTARY PRODUCTS**

FeelFit Pea Protein Shake, Chocolate, #2957; Vanilla, #2979

BeWell Vegan Omega 3, #2066



- Stick Packs: Clean and send it back to us for proper recycling.
- Paper Carton: Clean and use curbside recycling.

| MEDICINAL INGREDIENTS: Each 3 g serving contains:                           |                          |
|---|--------------------------|
| Inulin / Inuline  | 1g                       |
| Matricaria chamomilla, Chamomile (flower) 4:1, 200 mg crude equivalent      | -                        |
| Zingiber officinale, Ginger Extract (rhizome) 10:1, 500 mg crude equivalent |                          |
| Bacillus coagulans (whole cell)   | 3 Billion CFU            |
| Alpha-Amylase (Aspergillus flavus var. oryzae - whole)                      |                          |
| Protease, Protease 4.5 (Aspergillus flavus var. oryzae – whole)             | 25 mg (20,000 FCC HUT)   |
| Papain (Carica papaya) (leaf)   | 12.9 mg (540,000 FCC PU) |
| Beta-Galactosidase, Lactase (Aspergillus flavus var. oryzae – whole)        | 12 mg (1,200 FCC ALU)    |
| Fungal Protease (Aspergillus flavus var. oryzae - whole)                    | 9.1 mg (2,500 FCC HUT)   |
| Fungal Protease, Protease 3.0 (Aspergillus niger – whole)                   | 9.1 mg (50 FCC SAPU)     |
| Glucoamylase (Aspergillus flavus var. oryzae – whole)                       | 8.3 mg (10 FCC AGU)      |
| Alpha-Galactosidase (Aspergillus niger – whole)                             | 5.8 mg (175 FCC GalU)    |
| Bacterial Protease (Bacillus subtilis – whole cell)                         | 5 mg (5,000 FCC PU)      |
| Fungal Protease, Protease 6.0 (Aspergillus flavus var. oryzae – whole)      | 4.8 mg (2,500 FCC HUT)   |
| Stem bromelain ( <i>Ananas comosus var. comosus</i> ) (stem)                | 4.2 mg (140,000 FCC PU)  |
| Triacylglycerol lipase, Lipase ( <i>Rhizopus oryzae</i> – whole)            | 3 mg (210 FCC LU)        |

OTHER INGREDIENTS: gum arabic, microcrystalline cellulose, tapioca.

Contains: Sulphites

Keep in a cool, dry place.

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Made in USA, globally sourced.