



ENERGYFIZZ GINSENG FIZZ STICKS

Get the natural replacement for the morning coffee you need to help you make it through the day. Whether used in the morning or when you experience an afternoon slump, simply mix this vegan, effervescent fizz stick with water. Designed to help temporarily relieve fatigue, promote alertness, and enhance cognitive performance*, its vegan blend of Panax Ginseng, antioxidant Coenzyme Q10, Chromium, and B vitamins (including Riboflavin and Niacin) is joined by naturally-derived Caffeine from Guarana and Green Tea. Available in a variety of great-tasting flavours, this natural health product reduces mental fatigue in cases of mental stress to enhance physical performance*. Formulated without artificial colours, flavours or sweeteners; formulated without high-fructose corn syrup, dairy or soy. **Previously known as Arbonne Essentials® Energy Fizz Sticks.**

30 stick packs, Mango Peach Flavour, #2056; Pineapple Flavour, #2078; Pomegranate Flavour, #2079; Blackberry Flavour, #2109; Strawberry Flavour, #2111; Watermelon Flavour, #2112; Blood Orange Flavour, #2113

NPN: 80086207



FEATURES

- Temporarily helps promote alertness, relieve fatigue, promote endurance, and enhance motor performance*
- Green Tea and Guarana provide 55 mg of naturally derived Caffeine
- Available in Pineapple, Pomegranate, Blackberry, Strawberry, Mango Peach, Watermelon, and Blood Orange flavours, as well as other seasonal and limited edition flavours



THE ARBONNE DIFFERENCE

Plant-powered, nutrient-rich products developed in partnership with experts and validated by science to support a holistic approach to healthy living. MIND. BODY. SKIN.™

HOW TO USE

Adults: Add 1 stick pack to 250 ml of water and stir. Do not pour into a full water bottle as fizzing could cause an overflow. Do not exceed 2 stick packs per day.

CAUTION: Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding; have diabetes; taking lithium or antidepressant medications; have high blood pressure, glaucoma, and/or detrusor instability (overactive bladder syndrome); taking blood thinners or digoxin. Consumption with natural health products (e.g., bitter orange extract, synephrine, octopamine, ephedra) or other drugs (e.g., ephedrine) which increase blood pressure or other caffeine-containing products (e.g., medications, coffee, tea, colas, cocoa, guarana, maté) is not recommended. This product is not intended as a substitute for sleep. Hypersensitivity/allergy is known to occur, in which case, discontinue use. Some people may experience insomnia, anxiety, or headaches, in which case, discontinue use. Do not use if outer seal is broken or missing or if packet is torn or open. **Keep out of reach of children.**

KEY INGREDIENTS & BENEFITS

- Guarana to help temporarily relieve fatigue and promote alertness*
- B vitamins to help maintain the body's ability to metabolize nutrients
- Vitamin B12 to support cognitive function and reduce mental fatigue in cases of mental stress and to help enhance physical performance*
- Coenzyme Q10 is a source of antioxidants
- Panax Ginseng is used in herbal medicine to promote healthy glucose levels*

*At two servings



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COMPLEMENTARY PRODUCTS

MindHealth Focus Super Powder, #6102

FeelFit Protein Snack Squares, Strawberry & White Chocolate Flavour, #6070; Iced Cinnamon Crumble Flavour, #6071



ArbonneCycle
A force for good for people and planet.

- **Stick Pack:** Made from multiple materials. Not recyclable in many markets. Please return via the proper ArbonneCycle program channels. Visit <https://www.arbonne.com/ca/en/our-story/arbonne-cycle> to learn more about our packaging recycling program. Please check locally to ensure compliance with your recycling program. Be sure to clean out remaining product before recycling.
- **Carton:** Made from FSC Certified Paper. Available for recycling in most markets. Please check locally to ensure compliance with your recycling program. Be sure to clean out remaining product before recycling.

Mango Peach Flavour

Each 5.9 g serving contains:

MEDICINAL INGREDIENTS

<i>Panax ginseng</i> , Panax Ginseng Extract (root) 4:1, 400 mg crude equivalent	100 mg
CoQ10 (Bacterial, <i>Rhodobacter sphaeroides</i> , whole cell biosynthesis, fermentation)	50 mg
<i>Paullinia cupana</i> , Guarana Extract (seed) 4:1, 200 mg crude equivalent, standardized to 8.89 mg caffeine	50 mg
Taurine	50 mg
Caffeine, <i>Camellia sinensis</i> (leaf)	46.11 mg
Niacinamide	10 mg
Pantothenic acid (Calcium D-pantothenate)	5 mg
Riboflavin, Vitamin B2 (Riboflavin 5'-phosphate sodium)	3 mg
Vitamin B6 (Pyridoxine hydrochloride)	2 mg
Chromium (Chromic chloride)	60 mcg
Vitamin B12 (Methylcobalamin)	6 mcg

NON-MEDICINAL INGREDIENTS: citric acid, cane sugar, sodium bicarbonate, potassium bicarbonate, flavour, sodium carbonate, steviol glycosides, dextrose, gum arabic, microcrystalline cellulose, beet juice concentrate, dicalcium phosphate, ascorbic acid.

Provides 15 calories, 4 g of carbohydrates, 2 g of sugar, 280 mg of sodium.

Pineapple Flavour

Each 5.6 g serving contains:

MEDICINAL INGREDIENTS

<i>Panax ginseng</i> , Panax Ginseng Extract (root) 4:1, 400 mg crude equivalent	100 mg
CoQ10 (Bacterial, <i>Rhodobacter sphaeroides</i> , whole cell biosynthesis, fermentation)	50 mg
<i>Paullinia cupana</i> , Guarana Extract (seed) 4:1, 200 mg crude equivalent, standardized to 8.89 mg caffeine	50 mg
Taurine	50 mg
Caffeine, <i>Camellia sinensis</i> (leaf)	46.11 mg
Niacinamide	10 mg
Pantothenic acid (Calcium D-pantothenate)	5 mg
Riboflavin, Vitamin B2 (Riboflavin 5'-phosphate sodium)	3 mg
Vitamin B6 (Pyridoxine hydrochloride)	2 mg
Chromium (Chromic chloride)	60 mcg
Vitamin B12 (Methylcobalamin)	6 mcg

NON-MEDICINAL INGREDIENTS: citric acid, cane sugar, sodium bicarbonate, potassium bicarbonate, flavour, sodium carbonate, steviol glycosides, dextrose, gum arabic, microcrystalline cellulose, dicalcium phosphate.

Provides 15 calories, 4 g of carbohydrates, 2 g of sugar, 280 mg of sodium.



ENERGYFIZZ GINSENG FIZZ STICKS

Pomegranate Flavour

Each 5.8 g serving contains:

MEDICINAL INGREDIENTS

<i>Panax ginseng</i> , Panax Ginseng Extract (root) 4:1, 400 mg crude equivalent	100 mg
CoQ10 (Bacterial, <i>Rhodobacter sphaeroides</i> , whole cell biosynthesis, fermentation)	50 mg
<i>Paullinia cupana</i> , Guarana Extract (seed) 4:1, 200 mg crude equivalent, standardized to 8.89 mg caffeine	50 mg
Taurine	50 mg
Caffeine, <i>Camellia sinensis</i> (leaf)	46.11 mg
Niacinamide	10 mg
Pantothenic acid (Calcium D-pantothenate)	5 mg
Riboflavin, Vitamin B2 (Riboflavin 5'-phosphate sodium)	3 mg
Vitamin B6 (Pyridoxine hydrochloride)	2 mg
Chromium (Chromic chloride)	60 mcg
Vitamin B12 (Methylcobalamin)	6 mcg

NON-MEDICINAL INGREDIENTS: citric acid, cane sugar, sodium bicarbonate, potassium bicarbonate, sodium carbonate, steviol glycosides, gum arabic, flavour, dextrose, beet juice concentrate, microcrystalline cellulose, dicalcium phosphate, ascorbic acid.

Provides 15 calories, 4 g of carbohydrates, 2 g of sugar, 280 mg of sodium.

Blackberry Flavour

Each 5.7 g serving contains:

MEDICINAL INGREDIENTS

<i>Panax ginseng</i> , Panax Ginseng Extract (root) 4:1, 400 mg crude equivalent	100 mg
CoQ10 (Bacterial, <i>Rhodobacter sphaeroides</i> , whole cell biosynthesis, fermentation)	50 mg
<i>Paullinia cupana</i> , Guarana Extract (seed) 4:1, 200 mg crude equivalent, standardized to 8.89 mg caffeine	50 mg
Taurine	50 mg
Caffeine, <i>Camellia sinensis</i> (leaf)	46.11 mg
Niacinamide	10 mg
Pantothenic acid (Calcium D-pantothenate)	5 mg
Riboflavin, Vitamin B2 (Riboflavin 5'-phosphate sodium)	3 mg
Vitamin B6 (Pyridoxine hydrochloride)	2 mg
Chromium (Chromic chloride)	60 mcg
Vitamin B12 (Methylcobalamin)	6 mcg

NON-MEDICINAL INGREDIENTS: citric acid, cane sugar, sodium bicarbonate, potassium bicarbonate, flavour, sodium carbonate, steviol glycosides, dextrose, purple sweet potato, gum arabic, microcrystalline cellulose, dicalcium phosphate.

Provides 20 calories, 5 g of carbohydrates, 2 g of sugar, 280 mg of sodium.



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Strawberry Flavour

Each 5.7 g serving contains:

MEDICINAL INGREDIENTS

<i>Panax ginseng</i> , Panax Ginseng Extract (root) 4:1, 400 mg crude equivalent	100 mg
CoQ10 (Bacterial, <i>Rhodobacter sphaeroides</i> , whole cell biosynthesis, fermentation)	50 mg
<i>Paullinia cupana</i> , Guarana Extract (seed) 4:1, 200 mg crude equivalent, standardized to 8.89 mg caffeine	50 mg
Taurine	50 mg
Caffeine, <i>Camellia sinensis</i> (leaf)	46.11 mg
Niacinamide	10 mg
Pantothenic acid (Calcium D-pantothenate)	5 mg
Riboflavin, Vitamin B2 (Riboflavin 5'-phosphate sodium)	3 mg
Vitamin B6 (Pyridoxine hydrochloride)	2 mg
Chromium (Chromic chloride)	60 mcg
Vitamin B12 (Methylcobalamin)	6 mcg

NON-MEDICINAL INGREDIENTS: citric acid, cane sugar, sodium bicarbonate, potassium bicarbonate, flavour, sodium carbonate, steviol glycosides, gum arabic, dextrose, beet juice concentrate, microcrystalline cellulose, dicalcium phosphate, ascorbic acid.

Provides 20 calories, 5 g of carbohydrates, 2 g of sugar, 280 mg of sodium.

Watermelon Flavour

Each 5.6 g serving contains:

MEDICINAL INGREDIENTS

<i>Panax ginseng</i> , Panax Ginseng Extract (root) 4:1, 400 mg crude equivalent	100 mg
CoQ10 (Bacterial, <i>Rhodobacter sphaeroides</i> , whole cell biosynthesis, fermentation)	50 mg
<i>Paullinia cupana</i> , Guarana Extract (seed) 4:1, 200 mg crude equivalent, standardized to 8.89 mg caffeine	50 mg
Taurine	50 mg
Caffeine, <i>Camellia sinensis</i> (leaf)	46.11 mg
Niacinamide	10 mg
Pantothenic acid (Calcium D-pantothenate)	5 mg
Riboflavin, Vitamin B2 (Riboflavin 5'-phosphate sodium)	3 mg
Vitamin B6 (Pyridoxine hydrochloride)	2 mg
Chromium (Chromic chloride)	60 mcg
Vitamin B12 (Methylcobalamin)	6 mcg

NON-MEDICINAL INGREDIENTS: citric acid, cane sugar, sodium bicarbonate, potassium bicarbonate, sodium carbonate, steviol glycosides, gum arabic, flavour, dextrose, beet juice concentrate, microcrystalline cellulose, dicalcium phosphate, ascorbic acid.

Provides 15 calories, 4 g of carbohydrates, 2 g of sugar, 280 mg of sodium.



ENERGYFIZZ GINSENG FIZZ STICKS

Blood Orange Flavour

Each 5.8 g serving contains:

MEDICINAL INGREDIENTS

<i>Panax ginseng</i> , Panax Ginseng Extract (root) 4:1, 400 mg crude equivalent	100 mg
CoQ10 (Bacterial, <i>Rhodobacter sphaeroides</i> , whole cell biosynthesis, fermentation)	50 mg
<i>Paullinia cupana</i> , Guarana Extract (seed) 4:1, 200 mg crude equivalent, standardized to 8.89 mg caffeine	50 mg
Taurine	50 mg
Caffeine, <i>Camellia sinensis</i> (leaf)	46.11 mg
Niacinamide	10 mg
Pantothenic acid (Calcium D-pantothenate)	5 mg
Riboflavin, Vitamin B2 (Riboflavin 5'-phosphate sodium)	3 mg
Vitamin B6 (Pyridoxine hydrochloride)	2 mg
Chromium (Chromic chloride)	60 mcg
Vitamin B12 (Methylcobalamin)	6 mcg

NON-MEDICINAL INGREDIENTS: citric acid, cane sugar, sodium bicarbonate, potassium bicarbonate, flavour, sodium carbonate, gum arabic, steviol glycosides, dextrose, beet juice concentrate, microcrystalline cellulose, dicalcium phosphate, ascorbic acid.

Provides 20 calories, 5 g of carbohydrates, 2 g of sugar, 280 mg of sodium.

All macronutrient values shown are based on U.S. product formulas. Formulas may vary in Canada. Where Canadian formula varies from U.S. formula, macronutrient values shown for the Canadian product are approximations only and have not been confirmed with nutritional testing. For information purposes only.

Keep in a cool, dry place.

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