

ESSENTIALMEAL MEAL REPLACEMENT PROTEIN SHAKE

Make the shake shift with this well-balanced meal replacement featuring a superbblend of our best macronutrients – 24 g of vegan protein, carbs for energy, and healthy fats. This nutrition-packed vegan meal replacement shake makes it easy to support weight management and healthy nutrition with 24 g of protein, Avocado Oil, a NEW robust protein blend with Pea, Hemp Seed, Pumpkin Seed, Quinoa Seed, and Rice to fuel your body. Useful in weight reduction only as part of an energy-restricted diet. Formulated without artificial colours, flavours or sweeteners; formulated without high fructose corn syrup, dairy or soy. Formulated without gluten.

30 servings, Chocolate Flavour #2929, Vanilla Flavour #2930



FEATURES

- Shake up a meal with a superbblend of our best macronutrients – vegan protein, carbs for energy, and healthy fats from Avocado Oil
- A protein blend of Pea, Hemp Seed, Pumpkin Seed, Quinoa and Rice with essential amino acids to fuel your body
- Complete nutrition for a complete meal with 300 Calories (1,255 kJ) per serving when prepared with 240 ml oat milk
- A powerhouse blend of vitamins and minerals to support the maintenance of good health
- Useful in weight reduction only as part of an energy-restricted diet.
- Supports weight management
- Formulated with Vitamin B1, B2, B3, B5, B6, B7, B9, B12 plus Vitamins D, C, E, and A
- Includes or Formulated with Copper, Chromium, Zinc, Manganese, Selenium, Magnesium, Iodine and Phosphorus
- High in Protein
- With or Includes or Formulated with Vitamin D, Calcium, Potassium and Vitamin C
- We went scoopless to reduce plastic and help empower people and the planet to flourish
- Formulated without artificial colours, flavours or sweeteners; formulated without high fructose corn syrup, dairy or soy
- Formulated without gluten



THE ARBONNE PROMISE

Clean. Conscious. Connected.™

What we mean is, we find the perfect balance between plant-based, bio-based and scientifically derived ingredients. Our clean, safe formulation begins with our Not Allowed List™ of over 2000+ banned ingredients and is backed with science, clinical research, and third-party certifications.

A global force in sustainable healthy living since 1980.

HOW TO USE

Adults: Add 1/3 cup to 240 ml of oat milk and shake. Maintain a daily adequate fluid intake and do not exceed 2 servings per day. For weight management and healthy nutrition: Substitute up to two meals daily with EssentialMeal Meal Replacement Protein Shake. Visit arbonne.ca and follow the suggested nutritionally balanced 7-day energy-reduced meal plan.

KEY INGREDIENTS & BENEFITS

- Protein blend of Pea, Hemp seed, Pumpkin seed, Quinoa and Rice with 24 grams of protein to fuel your body
- Avocado Oil
- Methylated B vitamins are a biologically active form and can be directly utilized by the body
- Sustainably and ethically sourced third-generation Stevia Leaf Extract helps deliver a delicious and satisfying flavour without added sugars and with less aftertaste

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ESSENTIALMEAL MEAL REPLACEMENT PROTEIN SHAKE

CHOCOLATE FLAVOUR

Nutrition Facts / Valeur nutritive		
Per 1 shake (49 g) Pour 1 boisson fouettée (49 g)		
	As sold Tel que vendu	With 240 ml oat milk† Avec 240 ml de lait d'avoine†
Calories	200	300
	% Daily Value* / % valeur quotidienne*	
Fat / Lipides 7 g†	9 %	13 %
Linoleic acid / Acide linoléique 408 mg		
Linolenic acid / Acide linoléique 65 mg		
Saturated / Saturés 2 g	10 %	10 %
+Trans / trans 0 g		
Carbohydrate / Glucides 11 g		
Fibre / Fibres 3 g	11 %	25 %
Sugars / Sucres 7 g	7 %	8 %
Protein / Protéines 24 g		
Cholesterol / Cholestérol 0 mg		
Sodium 590 mg	26 %	31 %
Potassium 500 mg	15 %	17 %
Calcium 210 mg	16 %	16 %
Iron / Fer 4.8 mg	27 %	27 %
Vitamin A / Vitamine A 300 RE	33 %	33 %
Thiamine 0.4 mg	33 %	33 %
Riboflavin / Riboflavine 0.48 mg	37 %	37 %
Niacinamide 6 mg	38 %	38 %
Pantothenic acid / Acide pantothénique 1.5 mg	30 %	30 %
Vitamin B6 / Vitamine B6 0.5 mg	29 %	29 %
Vitamin B12 / Vitamine B12 0.5 mcg	21 %	21 %
Vitamin C / Vitamine C 15 mg	17 %	17 %
Vitamin D / Vitamine D 2.5 mcg	13 %	13 %
Phosphorus / Phosphore 250 mg	20 %	20 %
Copper / Cuivre 0.5 mg	56 %	56 %
Magnesium / Magnésium 120 mg	29 %	29 %
Molybdenum / Molybdène 25 mcg	56 %	56 %
Vitamin E / Vitamine E 5 mg	33 %	33 %
Folacin / Folacine 100 mcg	43 %	43 %
Biotin / Biotine 30 mcg	100 %	100 %
Manganese / Manganèse 1 mg	43 %	43 %
Zinc 3 mg	27 %	27 %
Chromium/Chrome 20 mcg	57 %	57 %
Iodine /Iode 45 mcg	30 %	30 %
Selenium / Sélénium 16.5 mcg	30 %	30 %

†Amount in food as sold. / Teneur de l'aliment tel que vendu.
 ‡240 ml of oat milk adds 100 Calories, 3 g fat (0 g saturated fat, 0 g trans fat), 17 g carbohydrate (4 g fibre, 1 g sugars), 3 g protein, 130 mg sodium, 70 mg potassium. / 240 ml de lait d'avoine ajoutent 100 calories, 3 g de gras (0 g de gras saturés, 0 g de gras trans), 17 g de glucides (4 g de fibres, 1 g de sucres), 3 g de protéines, 130 mg de sodium, 70 mg de potassium.

*5% or less is **a little**, 15% or more is **a lot**
 *5 % ou moins c'est **peu**, 15 % ou plus c'est **beaucoup**

INGREDIENTS: pea protein, cane sugar, cocoa, avocado oil, flavour, hemp seed protein, sea salt, tripotassium citrate, pumpkin seed protein, magnesium oxide, trisodium citrate, xanthan gum, steviol glycosides, guar gum, quinoa protein, rice protein, potassium chloride, ascorbic acid, tapioca, *Agaricus bisporus* – whole, d-alpha tocopherol, niacinamide, dicalcium phosphate, tricalcium phosphate, zinc oxide, copper (II) gluconate, manganese sulfate, beta-carotene, calcium D-pantothenate, rice hulls, water, pyridoxine hydrochloride, sodium ascorbate, thiamin hydrochloride, riboflavin, tocopherol, L-5-Methyltetrahydrofolate calcium salt, chromium (III) chloride, chicory root, potassium iodide, biotin, sodium selenite, methylcobalamin.

Made in a facility that processes wheat, eggs, soy, milk, and sulphites.

Peas are legumes. People with allergies to legumes such as peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy. This product is not formulated with peanuts or tree nuts.

The nutrient content of the food has been determined taking into consideration the oat milk, that will be added according to the directions for use.

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COMPLEMENTARY PRODUCTS

MushroomPowder Daily Defence, #6087



ArbonneCycle
A force for good for people and planet.

- Gusset Bag:** Made from multiple materials. Not recyclable in many markets, please return via the proper Arbonnecycle program channels. Visit <https://www.arbonne.com/us/en/our-story/arbonne-cycle> to learn more about our packaging recycling program. Please check locally to determine if you can recycle this package in your market and if so, be sure to clean out remaining product before recycling.



Distributed by
Arbonne International, LLC
Greenwood, IN 46143 USA 1.800.272.6663

Imported by
Arbonne International Distribution, Inc.
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Mississauga, Ontario L5T 2J8 CAN
1.800.272.6663

Manufactured in USA from imported materials.

Keep in a cool, dry place.

VANILLA FLAVOUR

Nutrition Facts / Valeur nutritive

Per 1 shake (46 g)

Pour 1 boisson fouettée (46 g)

	As sold Tel que vendu	With 240 ml oat milk Avec 240 ml de lait d'avoine ¹
Calories	200	300
	% Daily Value* / % valeur quotidienne*	
Fat / Lipides 7 g[†]	9 %	12 %
Linoleic acid / Acide linoléique 396 mg		
Linolenic acid / Acide linoléique 65 mg		
Saturated / Saturés 1.5 g	8 %	8 %
*Trans / trans 0 g		
Carbohydrate / Glucides 9 g		
Fibre / Fibres 2 g	7 %	18 %
Sugars / Sucres 7 g	7 %	8 %
Protein / Protéines 24 g		
Cholesterol / Cholestérol 0 mg		
Sodium 560 mg	24 %	30 %
Potassium 500 mg	15 %	17 %
Calcium 210 mg	16 %	16 %
Iron / Fer 4.8 mg	27 %	27 %
Vitamin A / Vitamine A 300 RE	33 %	33 %
Thiamine 0.4 mg	33 %	33 %
Riboflavin / Riboflavine 0.48 mg	37 %	37 %
Niacinamide 6 mg	38 %	38 %
Pantothenic acid / Acide pantothénique 1.5 mg	30 %	30 %
Vitamin B6 / Vitamine B6 0.5 mg	29 %	29 %
Vitamin B12 / Vitamine B12 0.5 mcg	21 %	21 %
Vitamin C / Vitamine C 15 mg	17 %	17 %
Vitamin D / Vitamine D 2.5 mcg	13 %	13 %
Phosphorus / Phosphore 250 mg	20 %	20 %
Copper / Cuivre 0.5 mg	56 %	56 %
Magnesium / Magnésium 120 mg	29 %	29 %
Molybdenum / Molybdène 25 mcg	56 %	56 %
Vitamin E / Vitamine E 5 mg	33 %	33 %
Folacin / Folacine 100 mcg	43 %	43 %
Biotin / Biotine 30 mcg	100 %	100 %
Manganese / Manganèse 1 mg	43 %	43 %
Zinc 3 mg	27 %	27 %
Chromium / Chrome 20 mcg	57 %	57 %
Iodine / Iode 45 mcg	30 %	30 %
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